

School drops old uniform in favour of activewear

A Victorian¹ non-government school has decided to ditch² its traditional school uniform, hoping new activewear will encourage students to take part in more physical activity.

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In an Australian school first, Box Hill's Kingswood College has partnered with sportswear company 2XU to create a new activewear school wardrobe,



10 evolving from its traditional blazer and old school tie. [...]

School principal Elisabeth Lenders said the uniform change had been in the works for several years [...] and that 90 per cent of young Australians and New Zealanders were not getting the minimum daily levels of activity they needed in order to lead a healthy life.

15 She said discussions with other education leaders then centred on what were the barriers to that and one response was "Well we just can't fit it into the timetable."

"The time has come for us to say it's not about the timetable dictating what we can do, we need to dictate what the timetable enables us to do," Ms Lenders said.

Ms Lenders said in the past, a uniform was about all looking the same but in the 21st century it was important for students to be able to choose clothes that suited their body shape and that they liked.

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¹ Victoria: (here) a state in Australia

² to ditch: to abandon